

Name	Event	PB	Time	Comments
Jessica Karp	200 IM	02:59.52	02:55.21	DQ 3 T
Katie Tavener	200 IM	02:49.84	02:43.75	
Rachel Hollington	200 IM	02:46.68	02:44.71	
Sophie Thrussell	200 IM	02:42.57	02:42.41	
Tamara Richards	200 IM	02:39.19	02:41.87	
Charlotte Beck	200 IM	02:39.21	02:31.75	EQT
Micha Daher	200 IM	02:37.83	02:36.28	EQT
Danielle Lee	200 IM	02:35.61	DNS	
Hannah Raine	200 IM	02:28.04	02:28.09	EQT
Helen Davey	50 Brst	00:44.35	00:41.51	
Harriet Lee	50 Brst	00:38.41	00:38.03	
Micha Daher	50 Brst	00:36.06	00:36.44	EQT
Alex Raine	100 Fly	01:12.74	01:14.96	
Shauna Lee	100 Free	01:08.08	01:08.40	EQT
Katie Tavener	100 Free	01:09.03	01:09.67	
Jessica Karp	100 Free	01:09.15	01:10.23	
Rachel Hollington	100 Free	01:05.12	01:06.12	EQT
Alice Marchant	100 Free	01:05.99	01:06.25	
Charlotte Beck	100 Free	01:05.78	01:03.29	EQT
Micha Daher	100 Free	01:04.64	01:05.53	EQT
Danielle Lee	100 Free	01:03.64	01:03.04	EQT
Emma Jones	100 Free	01:03.59	01:05.56	EQT
Helen Baldrance	100 Free	01:01.91	01:02.25	EQT
Hannah Raine	100 Free	01:01.01	01:03.51	EQT
Harriet Brettle	100 Free	01:00.40	01:00.22	EQT
Kane Farrell	50 Free	00:31.82	00:31.94	
Alex Raine	50 Free	00:29.60	00:29.09	
Charlotte Harrison	50 Fly	00:34.94	00:35.07	
Helen Baldrance	50 Fly	00:32.36	00:33.29	
Sophie Thrussell	50 fly	00:33.61	00:34.62	
Kane Farrell	100 Brst	01:27.30	01:30.83	
Josh Farrell	100 Brst	01:20.08	01:19.74	
Robert Baldrance	100 Brst	01:16.40	01:17.20	
Jessica Karp	100 Back	01:19.29	01:19.80	
Katie Tavener	100 Back	01:17.60	01:18.31	
Rachel Hollington	100 Back	01:12.74	01:13.59	EQT
Tamara Richards	100 Back	01:13.61	01:13.86	
Charlotte Beck	100 Back	01:12.25	01:08.91	NQT
Danielle Lee	100 Back	01:09.78	01:08.81	EQT
Harriet Brettle	100 Back	01:07.23	01:09.42	EQT
Chris Davey	100 IM	01:15.82	01:13.38	
Kane Farrell	200 IM	02:56.25	02:58.12	EQT
Alex Raine	200 IM	02:40.85	02:36.28	EQT
Josh Farrell	200 IM	02:38.75	02:32.63	
Robert Baldrance	200 IM	02:33.60	02:32.92	
Charlotte Harrison	50 Back	00:37.84	00:37.03	
Tamara Richards	50 Back	00:35.13	00:34.02	EQT
Rachel Hollington	50 Back	00:34.08	00:35.08	
Danielle Lee	50 Back	00:32.69	00:32.27	EQT
Chris Davey	50 Brst	00:40.08	00:39.49	

Name	Event	PB	Time	Comments
Kane Farrell	50 Brst	00:39.87	00:39.93	
Josh Farrell	50 Brst	00:36.71	00:37.00	
Robert Baldrance	50 Brst	00:34.12	00:36.08	
Charlotte Harrison	100 Fly	01:26.40	01:20.40	
Rachel Hollington	100 Fly	01:23.95	01:18.50	
Charlotte Beck	100 Fly	01:14.71	01:14.94	EQT
Sophie Thrussell	100 Fly	01:15.39	01:13.94	
Hannah Raine	100 Fly	01:08.82	01:08.26	EQT
Chris Davey	100 Free	01:05.39	01:04.18	
Alex Raine	100 Free	01:02.09	01:03.78	EQT
Jessica Karp	50 Free	00:32.69	00:31.56	
Charlotte Harrison	50 Free	00:32.68	00:33.17	
Shauna Lee	50 Free	00:31.99	00:31.64	
Rachel Hollington	50 Free	00:30.36	00:31.81	
Tamara Richards	50 Free	00:29.95	00:30.26	EQT
Emma Jones	50 Free	00:29.28	00:30.89	
Micha Daher	50 Free	00:29.40	00:29.96	EQT
Helen Baldrance	50 Free	00:29.60	00:29.45	EQT
Danielle Lee	50 Free	00:29.39	00:29.24	EQT
Hannah Raine	50 Free	00:28.57	00:29.41	EQT
Chris Davey	50 Fly	00:32.84	00:32.73	
Helen Davey	100 Brst	01:39.47	01:29.57	
Charlotte Beck	100 Brst	01:28.67	01:29.60	
Katie Tavener	100 Brst	01:37.54	01:28.68	
Harriet Lee	100 Brst	01:23.28	01:22.84	
Micha Daher	100 Brst	01:20.39	01:20.06	EQT
Harriet Lee	100 IM	01:19.32	01:16.98	
Charlotte Harrison	100 IM	01:25.02	01:22.93	
Micha Daher	100 IM	01:13.41	01:13.07	

30 EAST REGION QUALIFYING TIMES

1 NATIONAL QUALIFYING TIME

39 PERSONAL BESTS